



READING COMMUNITY SCHOOLS

301 Chestnut St., Reading Michigan 49274

Local Wellness Committee Meeting February 12th, 2025

Local Wellness Committee Members are:

Mr. DuBois, Superintendent

Mrs. Otterbein, High School / Middle School Principal

Mr. Hard, Elementary Principal

Michell Dunn, Food Service Director

Kathy Albright, Food Service Manager

Kevin Bailey, Biology I & II Teacher, PE II, and Coach

Brett Kerspilo, Physical Education Teacher and Health, and Coach

Joe Campbell, Physical Education Teacher and Coach

- Will do more outreach to include parents/students/staff and community.

In Attendance:

Mr. DuBois, Mrs. Otterbein, Mr. Hard, Michell Dunn, Kathy Albright, and Brett Kerspilo.

We had inclement weather approaching, but we did have a parent reach out to Mr. DuBois but was unable to attend this meeting.

An overview of the current Wellness Policy was discussed, and everyone agreed that it is current and up to date to reflect the Reading Community Schools Policies.

Discussion:

Wanting recess for Elementary first and then school lunch.

Many times, student's watch the clock and will throw away an entire lunch to go outside.

We are hoping for scheduling recess first, will let them focus on enjoying their lunch.

Talked about the upcoming greenhouse being built at the Elementary School and how excited we are to start that program.

Mrs. Otterbein discussed offering more elective classes.

Michell Dunn discussed getting the food pyramid guide posted in the cafeterias. Those are on order.

We will continue to promote this committee and hope to grow more support.

The Wellness Committee meeting assessment meets the annual review requirement.

If anyone is interested in attending the Wellness Committee meeting, please contact:

Mr. DuBois, Superintendent
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Michell Dunn, FSD
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